**S.O.A.R Squad**

S-Show you care O-Only your best A- Accept responsibility R- Respect Others

1. Settlers Way Elementary is a place where all students are provided the opportunity to achieve the best by being inspired to dream, challenged to practice, encouraged to try, and equipped to be successful in an environment that promotes responsible, ethical, and courteous behavior within a sportsmanlike atmosphere. As a SOAR squad member, your **first priority is academics, and your second priority is cheerleading**.
2. **Try Out Information**

* Open to 4th and 5th grade students.
* Tryouts will take place on September 10 from 3:50-4:40.
* All interest forms must be submitted into the envelope outside of Mrs. Nuckols’ room by September 6. (No late exceptions.)
  + Students must attend tryouts to make the squad.
  + S.O.A.R. Squad members will be notified by September 18.

1. **Objectives and Values of S.O.A.R Squad**

**S-Show you care:** Promote enthusiasm, good sportsmanship, and school spirit among the student body.

**O-Only your best:** Give 100% effort at all times. Provide encouragement and push your teammates and yourself to do the best. Be mentally and physically tough to continually improve to be the best student/athlete we can be.

**A- Accept responsibility:** Being a student athlete is a personal commitment; it’s an attitude; it separates excellence from mediocrity. Give everything you have to everything you do. Have a positive attitude practices and spirit events.

**R- Respect Others:** Have a mutual respect, responsibility and tolerance for your teammates, coaches, teachers, and classmates.

1. **Cheerleading Expectations and Rules**

A. All cheerleaders are responsible and expected to take part in the

following:

1. The leading of chants and cheers at all assigned events

2. Attend all practices and meetings, remembering that SOAR squad is a commitment and after school priority.

3. Participation in Spirit Weeks

4. Participation at Pep Rallies

B. Practices and Conditioning

1. Squad Practices will be every other Tuesdays at 3:50 until 4:20. Parents must pick up their child at 4:40. Proper apparel must be worn to practice, including athletic shoes, socks, shorts or pants (fingertip length), a supportive top, and NO JEWELRY OR GUM

2. Practices and events MANDATORY. Cheerleaders are expected to give 100% effort and perform full out cheers, jumps, and routines. If an absence of any cheerleading related event is due to illness or injury the cheerleader must contact their head coach. If one is not provided the cheerleader will sit the next event out.

3. Excused Absences: There are some situations in which an athlete may be excused for missing a required event. These include family emergencies, death in the family, religious holidays, academic events, or concerts that occur at the same time as a practice or games. As coaches we do understand that conflicts occur, and emergencies happen. IT IS IMPORTANT THAT THE ATHLETE LETS THE COACH KNOW OF THE SITUATION OR CONFLICT AT LEAST 48 HOURS IN ADVANCE, IF POSSIBLE.

After you have read and understood the policies and expectations, please sign the form below and return it to the coach. Signing the form shows your interest in the squad and that you understand the policies and expectations of the cheerleading program. It is also necessary to understand that your child’s participation in the sport may cause injury themselves and others. The coaching staff sets very high safety expectations, and the cheerleaders will receive necessary training, but accidents do happen. By signing below, you accept this responsibility as parents and athletes, and you agree to follow this policy in its entirety.

**S.O.A.R. Squad Sponsors**

Ms. Salazar, and Ms. Nuckols

**S.O.A.R. Squad Tryouts Permission Slip**

**Turn this page in by September 6 to the folder outside of Mrs. Nuckols’ room (Room 316 in the 4th grade hallway)**

SOAR Squad Prospect

Parent Signature

Parent Email Address and Phone Number

How will your student go home from tryouts?

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SOAR Squad Teacher Recommendation Form

Please complete this form on behalf of the SOAR Squad prospect and return to Mrs. Nuckols or Ms. Salazar’s box no later than **September 6.**

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Homeroom: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Teacher completing form: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please rate the student on the following characteristics using the scale below:

1 - Needs Improvement 2 - Satisfactory 3 - Good 4 - Excellent

* **Teamwork and Cooperation:**
  + 1 [ ]
  + 2 [ ]
  + 3 [ ]
  + 4 [ ]
* **Responsibility and Reliability:**
  + 1 [ ]
  + 2 [ ]
  + 3 [ ]
  + 4 [ ]
* **Attitude and Enthusiasm:**
  + 1 [ ]
  + 2 [ ]
  + 3 [ ]
  + 4 [ ]
* **Respectfulness and Sportsmanship:**
  + 1 [ ]
  + 2 [ ]
  + 3 [ ]
  + 4 [ ]
* **Communication Skills:**
  + 1 [ ]
  + 2 [ ]
  + 3 [ ]
  + 4 [ ]

**Additional Comments:**